

# Snack Ideas

No Peanut Products    No Peanut Products    No Peanut Products

\* No foods made in factories that also produce peanut products \*

(Please do keep in mind...this is just a snack and lunch is soon to follow!)

½ banana

1 cup of applesauce

Whole grain cheerios

Pretzels (\* **please check packaging!**)

Graham crackers

Any whole grain crackers

1 string cheese/cubes of cheese

Purchased sliced apples

2 carrot sticks, with Ranch dressing

1 small yogurt/yogurt stick/yogurt drink

Any type of dried fruit bits

(ie: raisins, cranberries, etc.)

Please bring your snack at the beginning of the week to your child's classroom.

The Health Department requires that all food items must be prepared/purchased at a commercial store.

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